

**Date: 28/04/2020**

## **BIP'S LOCKDOWN LEGEND FITNESS HUNT**

During the Covid 19 lockdown period, one needs to keep calm and maintain a positive outlook. Exercises and yoga are the best way to alleviate anxiety and negative thoughts. Hence the cultural committee of BIP organised an exciting fitness hunt for the BIP teachers and students.

We received many responses from the enthusiastic students and teachers. It was a difficult task for the jury panel which comprised of Dr. Falgun Mehta, Dr. Manish Lalan and Ms. Dhruvi Prajapati, to evaluate them.

The winners in faculty category were Mr. Shreyas Diwakar (First), Dr. Meenkshi Patel (Second) and Dr. Naazneen Surti(Third).

In student category, the first position was bagged by Krina Limbachiya (B.Pharm Sem 4), followed by Hem Patel(B.Pharm Sem 8) and Margi Patel (B.Pharm Sem 4).

2<sup>nd</sup> Year B.Pharm was declared as the “Fittest class in the BIP Fitness Challenge” as maximum entries were from this class.

We received amazing responses and are thrilled to know that fitness is one aspect which keeps BIPians always rocking and ready for various challenges.Indeed BIP is filled with Lockdown Fitness Enthusiasts!!!



Mr. Shreyas Diwakar



Dr. Meenkshi Patel



Dr. Naazneen Surti



Krina Limbachiya



Hem Patel



Margi Patel

**Cultural Committee**

**Ms. Esha Shah**

**Ms. Ashwini Patel**

**Dr. Vandana B. Patel**

**Principal**

**Babaria Institute of Pharmacy**

**CONGRATULATIONS!**

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The winners in student category are Krina Limbachiya (First), Hem Patel (Second) and Margi Patel (Third).



2<sup>nd</sup> Year B.Pharm class was declared as most fitness class in BIP Fitness Challenge.



**Dr. Vandana B. Patel**  
**Principal**  
**Babaria Institute of Pharmacy**